



EXECUTIVE SUMMARY

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Highlights

- **Tune into yourself** - a feeling of “toiling” means you are not working authentically and change is in order
- If you have the chance to be a “fly on the wall” and watch how someone who is or who has what you want for yourself does it, take it; it’s one of the greatest learning opportunities you’ll ever get
- There are **two kinds of wealth**: **true wealth** (which whispers to us) and **false wealth** (which screams at us)
- **Your wealth portfolio consists of multiple assets** and includes: **core assets** (family, values, heritage, your unique abilities); **experience assets** (friends, networks, relationships, education, skills); **contribution assets** (adding value to the planet, giving back, working for the social good and welfare of others, tithing); and lastly your **financial assets** (money, possessions)
- To optimize your assets, **do something to advance your progress in each asset class every day**
- Be clear about where you’re going; then **be willing to let go**
- There are no mistakes; **there is only learning**
- There is nothing as unequal as the equal treatment of unequals
- Learn to **say no to the very important** so you can **say yes to the essential/critical**
- **Take care of the important stuff** and the money will always follow

Top 3 Takeaways

- ALEX:
1. The ability to achieve anything you want already exists in you.
 2. Start with the smallest step; then just stay in motion.
 3. Contribution, done correctly, is gratitude.
- LINDA:
1. Comparison is the root of all unhappiness.
 2. Confidence, fueled by gratitude, is an attractant.
 3. Always make your learning greater than your experience.